

# The Sound of Silence

## journeys through miscarriage

RRP \$24.95

ISBN: 978-1-821632-11-2

E-book edition \$18.95

ISBN: 978-1-921632-12-9

Book release: **1 October**

Book launches: **9 October** (Melbourne); **15 October** (Canberra, to coincide with Pregnancy and Infant Loss Remembrance Day)

Miscarriage is so common and yet it is an unspeakable subject. Women often grieve alone, mourning a child they have never met but whose future they have already imagined. It is a private, hidden kind of grief.

In *The Sound of Silence* twenty-two women speak out about their experiences of miscarriage. These are stories of loss and loneliness, hope and joy, strength and courage, and, most of all, overwhelming love. They are a reminder to all women who have experienced a miscarriage that they are not alone.

### About the Editor



Irma Gold spent her early childhood in England, grew up in Melbourne and now lives in Canberra with her husband and three children. Irma is a freelance writer and editor. She is also the author of two children's books, a collection of fiction, *Two Steps Forward*, and is working on her first novel. She blogs for *Overland* literary journal. Irma was prompted

to create this anthology after her third pregnancy ended in miscarriage.

### Media contacts

Rochelle Manners (publisher)

T: 07 3245 1938

M: 0414 761 311

E: info@mostlyformothers.com

Irma Gold (Editor)

M: 0438 482 293

E: irmagold@iimetro.com.au

*'Intimate stories that are sad, confronting and uplifting.'*  
Kylie Sheffield, Editor, *Birth Matters*

## The Sound of Silence

### journeys through miscarriage



Edited by Irma Gold

*"Intimate stories that are sad, confronting and uplifting. The Sound of Silence lifts the taboo that has for too long been an unavoidable part of miscarriage. It asks us to acknowledge the significance of these babies we will never see, hear or touch, and the deep and abiding love of the mothers who carried them."*

Kylie Sheffield, Editor, *Birth Matters*, journal of the National Maternity Coalition

*Twenty-two brave women have documented their story of survival after the death of their precious babies. Confronting, authentic and grounded, these stories provide practical help for others who share the loss.*

Leanne Raven, CEO, SIDS and Kids Australia

*"The Sound of Silence is an open, honest and insightful look into the lives of those affected by miscarriage. Women experience an often silent grief that is not openly acknowledged for the devastating impact it has on families. The Sound of Silence allows us to connect and relate to others' personal journeys, bringing hope and understanding."*

Trudi Penrose-Starr, co-founder, TLC Pregnancy & Infant Loss Support Australia